7 Brew Coffee

5117 Essen Lane · Baton Rouge, LA · (225) 800-9095

NUTRITION GUIDE

7 ORIGINALS (70-920 CAL)

Sugar-Free Banana Bread Mocha -
Kids Iced beverage with milk

Sugar-Free Blondie Breve -
Kids Frozen Chiller beverage with milk and soy

Sugar-Free Brunette Mocha -
Kids Iced beverage with milk and soy

7 CLASSICS (0-930 CAL)

Sugar-Free Blondie Cold Brew -
Small Iced beverage with milk and soy

Sugar-Free Brunette Cold Brew -
Small Iced beverage with milk and soy

Sugar-Free Caramel Breve -
Kids Frozen Chiller beverage with milk and soy

7 ENERGY (0-360 CAL)

Sugar-Free Brewberry 7 Energy -
Small Iced beverage

Sugar-Free Ocean Breeze 7 Energy -
Small Iced beverage

Sugar-Free Sunrise 7 Energy -
Small Iced beverage

7 FIZZ SODA (0-360 CAL)

Sugar-Free Peaches 'n Cream 7 Fizz Soda -
Kids Iced beverage

Sugar-Free Sunrise 7 Fizz Soda -
Kids Iced beverage

7 Fizz Soda -
Small Iced beverage

Blood Orange 7 Fizz Soda -
Kids Iced beverage

TEAS, CHAI & MATCHA (0-600 CAL)

Sugar-Free Brewchata Chai -
Kids Frozen Chiller beverage with almond

Sugar-Free Cereal Milk Matcha -
Kids Frozen Chiller beverage with milk

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Black Tea -
Kids Iced beverage

Chai Latte -
Kids Frozen Chiller beverage with milk

LEMONADES (70-970 CAL)

Sugar-Free Cocoberry Lemonade -
Kids Iced beverage

Cocoberry Lemonade -
Kids Iced beverage

Fruit Roll-Up Lemonade -
Kids Iced beverage

Lemonade -
Kids Iced beverage

SMOOTHIES (150-970 CAL)

Blackberry Cobbler Wildberry -
Kids Smoothie with milk

Mango -
Kids Smoothie with milk

Peach -
Kids Smoothie with milk

Strawberry -
Kids Smoothie with milk

SHAKES (160-940 CAL)

Sugar-Free Rocky Road -
Kids Shake with milk and soy

Birthday Cake -
Kids Shake with milk

Cookies & Cream -
Kids Shake with milk

Rocky Road -
Kids Shake with milk

BAKERY (470-560 CAL)

Blueberry Muffin Top -
Contains egg, milk, soy, wheat

Chocolate Chip Muffin Top -
Contains egg, milk, soy, wheat

Lemon Poppyseed Muffin Top -
Contains egg, milk, soy, wheat

TOPPINGS & DRIZZLES (15-130 CAL)

Cold Foam -
Contains milk

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Cream -

1oz portion, contains milk

Whipped Cream -

Contains milk and soy

Caramel Drizzle -

1oz portion, contains milk

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